



GIFT IDEAS FOR SENIORS



- A “Coupon” redeemable for you to run errands for them a few times a month or spend time with them.
- A Book of stamps/ pre-addressed mailing labels to frequently mailed addresses/ preprinted notecards
- Tickets for 2 or a season pass to the theatre, a play, a movie (including matinees), a museum (including transportation)
- Arrangements to weekly religious/community activities
- Pre-paid cab or bus “tickets” for rides when they want them
- Help with a special project (clean out the attic? organize the closets?)
- Offer to arrange family photos into an album
- A large print magazine/newspaper subscription, large print books, large print playing cards (auto. Shuffler) or books on tape, a large TV remote, large print calendars, large button telephone, magnifiers (such as thermostat magnifier or magnifying sheets for reading); talking or large print watch/ thermometer, calculator, etc...
- Netflix subscription
- Install devices or home modifications to help prevent falls or accidents such as hand rails, non-slip stair pads, and automatic light sensors
- Gift certificates to grocery stores, restaurants, the pharmacy, manicurist or hair salon
- Gift certificate for monthly house cleaning
- Offer to rake leaves, shovel snow, or mow the lawn on regular basis
- DVD Player and/or favorite old movies/ shows on DVD)
- Prepay their utility bill (electric, cable, oil, telephone) or purchase gift certificate for winter’s oil
- A gas card or prepaid phone calling card
- Calendar with family birthdays marked, stamped and addressed cards
- Cook extra meals and place in individual freezable containers or gift certificate for delivery
- Write a letter telling them how you feel about them and memories you have shared with them
- A month’s enrollment in an Adult Day Program
- A monthly lunch date
- Offer yourself as a willing, cheerful helper for the day to do chores (change light bulbs, put batteries into smoke detectors, etc.)
- Give them your frequent flyer miles
- Install devices to prevent crime or vandalism (i.e.: deadbolts, door viewer, alarm system, etc.)
- Get their house ready for winter. Arrange for energy saving improvements such as installing weather stripping, storm doors, stormwindows)
- Membership for an emergency response system
- Deliver a fresh basket of seasonal fruit in person once a month
- Basket of craft projects to do with a grandchild
- Big band or favorite music (tapes or CD’s)
- Voice activated light switch, automatic entry lighting
- Lottery tickets
- Any type of adaptive equipment – to make kitchen work or getting dressed easier

HAPPY HOLIDAYS!



Caring Companions In Home Care 603.621.3497 or toll free 800.870.8728

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